



# NUTRITIONAL SCREENING FORM

## Client Information

Social Security Number: \_\_\_\_\_

Client: \_\_\_\_\_

Height: \_\_\_\_\_

Parent/Guardian (if applicable): \_\_\_\_\_

Weight: \_\_\_\_\_

Address: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

\_\_\_\_\_

Sex: M \_\_\_\_ F \_\_\_\_

Marital Status: Single \_\_\_\_ Married \_\_\_\_ Divorced \_\_\_\_ Widowed \_\_\_\_ Life Partner \_\_\_\_

Phone: (H) \_\_\_\_\_ (W) \_\_\_\_\_ (Cell) \_\_\_\_\_

E-mail Address \_\_\_\_\_

Business Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Occupation: \_\_\_\_\_

Referred By: \_\_\_\_\_

Emergency Contact: Name: \_\_\_\_\_

Phone: \_\_\_\_\_

Primary Physician: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Specialist Physician: \_\_\_\_\_

Phone Number: \_\_\_\_\_

## Client Insurance Information

Insurance: \_\_\_\_\_

ID: \_\_\_\_\_ Group ID: \_\_\_\_\_

Insurance Company Phone Number: \_\_\_\_\_

Insurance Company Mailing Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## Primary Holder of Insurance Information (If different from above)

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Phone: \_\_\_\_\_

ID: \_\_\_\_\_ Group ID: \_\_\_\_\_

Employer: \_\_\_\_\_

• Pertinent Diagnosis: \_\_\_\_\_

• Food Allergies: \_\_\_\_\_

• Currently prescribed medications and supplements: \_\_\_\_\_

\_\_\_\_\_

• Have you or your child ever been on a therapeutic diet, e.g., low cholesterol, weight reduction?

Yes \_\_\_\_ No \_\_\_\_ If Yes, what? \_\_\_\_\_

• Have you or your child ever had diet counseling? Yes \_\_\_\_ No \_\_\_\_

• Do you or your child play/exercise regularly? Yes \_\_\_\_ No \_\_\_\_ Sometimes \_\_\_\_

*I, the undersigned, hereby attest that the above information is true/accurate. I authorize the Nutrition Exchange staff to disclose the information as needed to my physician, other health care professionals and my insurance company. Insurance payment is authorized to the provider. It is authorized for the periods indicated below. You will receive a phone message on appointment date/time.*

Clients will be charged \$25 for an appointment unless 24 hours notice is given for cancellation. I have received a copy of the HIPAA Notice of Privacy Rights. This release is valid only until \_\_\_\_\_.

\_\_\_\_\_  
Client/Client's Guardian

\_\_\_\_\_  
Date